

# Care instructions

## SilverMed<sup>®</sup> Orthopaedic Pillow



### Care symbols:



To get the most from your products, please ensure that you follow these important care instructions:

- Remove the pillow from the packaging and allow to stand for one hour to initiate aeration. Open the pillow zips, remove two-thirds of the fill and stir the pillow fibre contents thoroughly with your hand to fully aerate. Gradually add pillow fill.
- Once aerated, you have control of the height and firmness of your pillow. Adjust the pillow's height by adding or removing filling to suit your personal preference. Make sure your pillow is at the right height to ensure your neck is correctly aligned.
- The pillow should be washed at least twice per year to maintain optimal hygiene.
- The pillow can be washed at up to 60° Celcius on a gentle cycle.
- We recommend the use of wenaCare<sup>®</sup> laundry detergent, developed especially for Wenatex products. Wool wash or gentle detergents with no harsh chemicals, optical brighteners or bleach can also be used.
- Prior to washing, remove the SilverMed outer cover and keep the filling within the cotton inner cover. Both can then be washed.
- After washing, the pillow and filling can be air-dried in the shade or placed in the dryer on a low/cool setting.
- Stirring your pillow fill regularly, and particularly after washing, optimises the performance and life of your pillow.

### We recommend:

wenaCare<sup>®</sup> Laundry Detergent  
for Bedding

### Questions?

If you have any questions,  
feel free to contact us.

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